



## The Sunrises

February 24th, 2010

Meetings 6:45 a.m. Wednesdays at Trinity United Methodist Church 3737 S. Peoria

### Today's program & RoD

Larry Biron – Samoa trip review - MSNI  
RoD: Paul Mikes

The safe way to double your money is to fold it over once and put it in your pocket. ~Frank Hubbard

### Last week's program – Jeff Couch – Adams Hall

### Upcoming Programs & RoDs

Mar. 3<sup>rd</sup>----- Tulsa Sunrise Business Meetings

Mar. 10<sup>th</sup>----- The Orr's RI Nat'l Conf  
ROD-----Joy Ondracek

Savings, money market accounts, stocks, Ira's, 401k accounts....Mr. Couch mentioned these options and laid out the pros and cons of various plans. Some plans give a person a pre-tax contribution option while others are post tax plans.

### Other News...

- **Haiti relief** - so far \$100,000 has been raised for Haiti.
- For the next two meetings (17<sup>th</sup> & 24<sup>th</sup>) bring your extra cell phones for donation.
- RYLA is coming.
- Be wise immunize – April 23<sup>rd</sup> & 24<sup>th</sup>.
- Estate sale fundraiser – May
- Rotary business meetings – March 3<sup>rd</sup>.

It is good to research these plans as the different options can have a big tax impact. If there is a need to switch plans they can be rolled into something else such as a Roth IRA or Roth 401K.



The best way to figure out which plan is a good fit is to research the different options and then consult with a financial planner. It is more important than ever to ensure a good return on investment and to make sure the institution selected is both reputable and responsible.

### The Rat Race

The following is the Rat Race list as of Wednesday, February 17, 2010. Make-ups not reported as of this date will be recorded next meeting.

100% - Barney, Bibby, Biron, Cantu, Clark, Ford, Freeman, Kelly Grogg, Hays, Lawson, Leithner, Lively, McGay, Mikes, Miller, Morse, Ondracek, Carol Orr, Herb Orr, Orvis, Reid, Bill Rodgers, Smiley, Barney Tonquest, Ellie Tonquest, and Walker.

75%-99% - \*Arruda, Branstetter, Brauer, Care, Coffman, Chris Cole, Linda Cole, Cyrus, \*Dyson, Freese, Horton, Muck, \*\*Sprague, Thompson, Vander Lind, Welty, and Wendt. \* Return from LOA, \*\*Rule of 85

50%-74% - Alrifai, Bowen, Carpenter, Francis, Gomez, Hardy, Morgan, \*\*Newkirk, \*\*\*O'Neal (24% attendance at Sunrise), Mike Rogers, Sawyer, Schueren, \*Scroggs, Shields, Smallwood, Teel, and \*\*Wasson. \* Return from LOA, \*\*Rule of 85., \*\*\* Members required to have minimum of 30% attendance at Parent Club.

Less than 50% - Briggs, \*\*Stanley Grogg, \*\*Liichow, \*\*Melott, Rasher, \*\*Reagon, Rollo, \*Thyvelikakath, \*Spike Williams, and \*\*Tommy Williams. \*Return from LOA, \*\*Rule of 85.,

Rule of 85 - Stanley Grogg, D.O., Jim Liichow, Bob Melott, Bob Newkirk, Paul Reagon, MD, Kit Sprague, Don Wasson, and Tommy Williams.

**"He is no fool who gives up what he cannot keep to gain that which he cannot lose" — Jim Elliot**