



## The Sunrises

March 17th, 2010

Meetings 6:45 a.m. Wednesdays at Trinity United Methodist Church 3737 S. Peoria

### Today's program

Nancy Reno – Jenks hypnosis center  
Rod: Jennifer Thompson

### Last week's program – National Convention

The Rotary International Convention was held this last year in Birmingham, England, with around 12,000 Rotarians in attendance.

The main focus of the convention was on health and improving the quality of life around the world through Rotary. Two big takeaways:

1. Improved drinking water
2. Sanitation education

Water is important but often taken for granted. Over 1 billion people worldwide lack access to safe drinking water. According to the World Health Organization over 5,000 people die from water related diseases everyday.

Most of these deaths are children and in many cases they can be prevented by education and improved water sanitation. The Water and Sanitation Rotarian Action Group (WASRAG) is one way that Rotary is helping to improve the quality of life around the world. This is just one of the projects that a person can learn about and get involved in at the Rotary International Conference.

The 2010 Rotary International Conference will be held June 20<sup>th</sup>-23<sup>rd</sup> in Montreal, Quebec, Canada.

Attending this conference is a great opportunity to:

1. Learn about service projects.
2. Develop as a future leader in Rotary.
3. Meet other Rotarians from around the world and exchange ideas.
4. Enjoy a memorable vacation.

"Don't tug on Superman's cape, don't spit into the wind, don't pull the mask off the ole Long Ranger and don't mess around with Jim"

- Jim Croce

Less than 50% - Briggs, \*\*Stanley Grogg, \*\*Liichow, \*\*Melott, Rasher, \*\*Reagon, Rollo, \*Thyvelikakath, . \*Spike Williams, and \*\*Tommy Williams. \*Return from LOA, \*\*Rule of 85.,

Rule of 85 - Stanley Grogg, D.O., Jim Liichow, Bob Melott, Bob Newkirk, Paul Reagon, MD, Kit Sprague, Don Wasson, and Tommy Williams.

### Upcoming Programs & RoDs

March 24<sup>th</sup> – TBA

RoD – Linda Cole

March 31<sup>st</sup> – TBA

RoD – Tommy Williams

### Other News...

- RYLA – April 22<sup>nd</sup> – 25<sup>th</sup>
- Be wise immunize – April 23<sup>rd</sup> & 24<sup>th</sup>
- Estate sale fundraiser – May 7<sup>th</sup>

Please send your announcements to [aaron.wendt@hilti.com](mailto:aaron.wendt@hilti.com) or call 918-294-5939



**ENDPOLIONOW**

### The Rat Race

100% - \*Arruda, Barney, Bibby, Biron, Cantu, Clark, Freeman, Kelly Grogg, Hays, Lawson, Leithner, Lively, McGay, Mikes, Miller, Morse, Ondracek, Herb Orr, Orvis, Reid, Bill Rodgers, Smiley, Barney Tonquest, Ellie Tonquest, and Walker. \* Return from LOA

75%-99% - Branstetter, Brauer, Care, Coffman, Chris Cole, Linda Cole, Cyrus, \*Dyson, Ford, Freese, Muck, Carol Orr, \*\*Sprague, Thompson, Vander Lind, Welty, and Wendt. \* Return from LOA, \*\*Rule of 85

50%-74% - Alrifai, Bowen, Carpenter, Francis, Gomez, Hardy, Horton, Morgan, \*\*Newkirk, \*\*\*O'Neal (24% attendance at Sunrise), Mike Rogers, Sawyer, Schueren, \*Scroggs, Shields, Smallwood, Teel, and \*\*Wasson.