



The Sunrises

March 24th, 2010

Meetings 6:45 a.m. Wednesdays at Trinity United Methodist Church 3737 S. Peoria

Today's program

Dan Threlkeld –Chief Meteorologist
KJRH- Channel 2

Rod: Linda Cole

“The democracy will cease to exist when you take away from those who are willing to work and give to those who would not.” -- Thomas Jefferson

Last week's program – Jenks Hypnosis Center

Upcoming Programs & RoDs

March 31st – Melissa Bogal – SouthCrest Hospital
RoD – Tommy Williams

April 7th - Dick O'Neal – Philbrook

April 14th Shelly Coulter - Trinity United Methodist Church

April 21st Bruce Plant- Tulsa World Cartoons

Other News...

- RYLA – April 22nd – 25th
- Be wise immunize – April 23rd & 24th
- Estate sale fundraiser – May 7th
- Murder Mystery Party - Friday May 21st - Freeman Harris Funeral Home.

Miss a meeting? Below are some local club times:

Monday: Broken Arrow Rotary
When? Noon Where? 210 N. Main, BA

Tuesday: Tulsa Midtown Rotary
When? Noon Where? Marie Calendars (51st)

Wednesday: Vinita Rotary (Sunrise is closer)
When? Noon Where? First United Methodist Church 314 West Canadian Street.

Thursday: Tulsa Southside Rotary
When? Noon Where? Ti Amo.

Friday: Sand Springs Rotary
When? Noon Where? Plaza Community Center, 1050 West Wekiwa Road

Select Saturdays: MSNI

New officers

President – Carol Orr
 Vice Pres. - Randy Coffman
 Treasurer - Joy Ondracek
 Secretary - Rad Alrifai
 Sergeant at Arms - Andy Leithner
 Club Service Director - Tamara Miller
 Community Service Director - Paul Mikes
 International Service Director - David Dyson
 Vocational Service Director - Barbara Smallwood

Please send your announcements to
aaron.wendt@hilti.com or call 918-294-5939

ENDPOLIONOW

The Rat Race

100% - Barney, Bibby, Biron, Cantu, Clark, Ford, Freeman, Freese, Hays, Lawson, Leithner, Lively, McGhay, Mikes, Miller, Ondracek, Carol Orr, Herb Orr, Orvis, Reid, Bill Rodgers, Smiley, Barney Tonquest, Ellie Tonquest and Walker. * Return from LOA

75%-99% - *Arruda, Branstetter, Brauer, Care, Coffman, Chris Cole, Linda Cole, Cyrus, *Dyson, Kelly Grogg, Horton, Muck, **Sprague, Thompson, Vander Lind, Welty, and Wendt. * Return from LOA, **Rule of 85

50%-74% - Alrifai, Bowen, Carpenter, Francis, Gomez, Hardy, Morgan, **O'Neal (23% attendance at Sunrise), Mike Rogers, Sawyer, Schueren, *Scroggs, Shields, Smallwood, Teel, and **Wasson. * Return from LOA, **Rule of 85., *** Members required to have minimum of 30% attendance at Parent Club.

Less than 50% - Briggs, **Stanley Grogg, **Liichow, **Melott, **Newkirk, Rasher, **Reagon, Rollo, *Thyvelikakath., *Spike Williams, and **Tommy Williams. *Return from LOA, **Rule of 85.,

Leave of Absence: Jim Blackburn and Marvin Morse.

Rule of 85 - Stanley Grogg, D.O., Jim Liichow, Bob Melott, Bob Newkirk, Paul Reagon, MD, Kit Sprague, Don Wasson, and Tommy Williams.